

How to Pray!



Talking to God is easy!

Here are some hints on how to talk with Him!

Praise: Start your prayer by giving a thumbs up to God. Tell Him why He is awesome! Then thank Him for all that he has given you. There is a lot!

Request: This is a time to ask God for things. We use our pointer finger to point at other people, so use this part of the prayer to focus on asking for others. Do you know someone that needs help from God? Do you have a friend or enemy that is going through a rough time? God wants to help. Just ask!

Admit: We all sin and we all need forgiveness. Tell God you are sorry for your sins and ask for forgiveness. Thankfully God ALWAYS forgives us when we ask!

You: Now it is time to ask God for yourself. Do you need courage standing up for what is right? Are you scared at night? Do you have trouble in school? Ask God for help! He wants to be there for you!

See ya later: Now that you praised, requested, admitted and asked for yourself it's time to tell God amen, which is kind of like saying "See ya later!"

Common questions:

What do I do if God doesn't answer my prayers?

God answers every prayer. But "no" and "wait" are answers, too! If God says no to your prayers, you can trust that He knows what is best! Keep asking and talking to Him!

Do I have to kneel when I pray?

No, you can sit or stand however you want! Most people close their eyes and "bow" their head so they can focus better on God. How you pray is up to you! Just make sure you focus on God.

Do I have to use big fancy words when I pray?

No, you can use whatever words you like. God is like our daddy, you don't have to use big words to impress Him. He just loves talking with you.

Can I really talk to God about anything?

Yes, no subject is off limits with God. He wants to hear everything! Just remember, if you ask Him for something the answer may not be yes.